

## What Info Is Out There?

- *Healthcare*
- *Financial*
- *Low-Cost Home Loans*
- *Low-Cost Rentals*
- *Foreclosure Info*
- *Renter Info*
- *Legal Aid*
- *Seniors & Disabled*
- *Financial Opportunities*
- *Money Saving Tips*



## What You Can Do!

Families face many challenges together, and in today's world, there are even more hardships.

**HELP is out there!**

Use this brochure as a guide to help locate *Financial Assistance* programs in your area. Remember, this brochure is only a guide to help you start the search. It's not a complete list, and there may be other resources you are eligible for depending on the County you live in.

If you are a SMEA member, and you still can't find help with your hardship, then we encourage you to review the eligibility criteria for the SMEA *Financial Assistance* program. **Thank You.**

## SMEA Offers:

- Aid to eligible members in need due to a catastrophic event resulting in hardship.
- Member services and discounts to picnics, events, businesses, movies, theme parks, sports events, scholarships & sponsorships.

# Join

# SMEA

# Today!

"IT ONLY TAKES \$1"

## Contact Us

**Phone:** (209) 872-1090

**Fax:** (888) 620-8909

**Email:** [smea@savemart.com](mailto:smea@savemart.com)

**Mail:** SMEA

2937 Veneman Ave #A115

Modesto, CA 95356

Visit us online: [www.mysmea.com](http://www.mysmea.com)

SMEA is a nonprofit organization

Providing support and fostering a spirit of caring, cooperation, and fellowship in the workplace.



# SMEA

Save Mart Employee Association

# SMEA

A RESOURCE GUIDE FOR MEMBERS OF THE  
SAVE MART EMPLOYEE ASSOCIATION



# NEVADA

ASSISTANCE MAY ALREADY BE AVAILABLE!

## General Questions



### United Ways of Nevada

To connect with services for childcare, senior services, counseling, food, shelter, job services, and more, **DIAL 2-1-1** from your phone.

<http://www.nevada211.org/>

## Healthcare



### DHHS & Medicaid

To find out if you or someone in your family qualifies for State/Federal medical aid, contact your local Department of Health and Human Services office. In Reno: **(775) 684-7200**. For Medicaid questions, contact: **(800) 307-4444**

<http://dhhs.nv.gov/> & <http://nvaging.net/medicaid.htm>

### Nevada Check Up (SCHIP) Nevada Check Up

A low cost, comprehensive health insurance for children and teens who are not covered by private insurance. To find out if you qualify, contact: **(800) 360-6044**

<http://www.nevadacheckup.nv.gov/>



### Women Infants & Children

WIC provides vouchers for **FREE** healthy foods and supplies for children to families who qualify. WIC can also help with finding healthcare and other services. To find out if you qualify, contact: **(775) 328-2299**

<http://health.nv.gov/WIC.htm>



### Head Start Nevada

Childcare services for young, low-income & disabled children. To learn if there are services in your area, contact: **(775) 684-4195**

<http://dhhs.nv.gov/HeadStart.htm>

## Financial & Housing



### Employment Services

If someone in your home is having difficulty finding employment, the Nevada Career Enhancement Program (CEP) may be able to help with job training, Contact: **(775) 684-3849**

<http://detr.state.nv.us/>



### Housing & Urban Development

For questions about low-cost home loans, such as FHA loans, contact: **(800) 225-5342**

For questions about low-cost home & apartment rental programs, contact: **(775) 824-3700**

<http://www.hud.gov/>



### State Unemployment

To learn if you qualify for unemployment benefits through the State, contact: **(775) 684-3849**

<http://detr.state.nv.us/>

## Foreclosure

# Nevada Foreclosure Help!

**Foreclosure?** If you are having trouble paying your mortgage, contact a free foreclosure prevention counseling expert at: **(775) 684-2999**

<http://foreclosurehelp.nv.gov/>

**Are you a Renter?** If you're concerned the house you live in is going to be foreclosed on, contact: **(775) 684-2999**. Or contact Nevada Legal Services at: **(775) 284-3491**

[http://foreclosurehelp.nv.gov/Renters\\_Eviction.htm](http://foreclosurehelp.nv.gov/Renters_Eviction.htm)

## Legal Aid



### Need Legal Advice?

To find out if you qualify for **FREE** legal advice, contact: **(775) 329-2727**

<http://washoelegalservices.com/>

## Seniors & Disabled



### Senior Services

- ⇒ Do you need help finding services?
- ⇒ Are you caring for a parent or loved one?
- ⇒ Are you feeling overwhelmed or confused by the amount or types of services available?

Contact: **(888) 435-3377**

<http://www.seniorservices.org/>



### State Aging & Disability Services

If your child is disabled, or someone in your home is over 65 years of age, or disabled, or blind, they may be eligible to receive help through the State.

Contact: **(775) 688-2964**

<http://aging.state.nv.us/>



If you or someone you know is facing a life threatening emergency, **CALL 9-1-1**

## Money Tips

These websites offer tools for locating financial opportunities, and offer money saving tips.

State Money: <http://weconnect.net/>  
Home Energy Savings: <http://hes.lbl.gov/>  
Saving Your Money: <http://www.feedthepig.org/>