

## What Info Is Out There?

- *Healthcare*
- *Financial*
- *Low-Cost Home Loans*
- *Low-Cost Rentals*
- *Foreclosure Info*
- *Renter Info*
- *Legal Aid*
- *Seniors & Disabled*
- *Financial Opportunities*
- *Money Saving Tips*



## What You Can Do!

Families face many challenges together, and in today's world, there are even more hardships.

### **HELP is out there!**

Use this brochure as a guide to help locate *Financial Assistance* programs in your area. Remember, this brochure is only a guide to help you start the search. It's not a complete list, and there may be other resources you are eligible for depending on the County you live in.

If you are a SMEA member, and you still can't find help with your hardship, then we encourage you to review the eligibility criteria for the SMEA *Financial Assistance* program. **Thank You.**

## SMEA Offers:

- Aid to eligible members in need due to a catastrophic event resulting in hardship.
- Member services and discounts to picnics, events, businesses, movies, theme parks, sports events, scholarships & sponsorships.

# Join

# SMEA

# Today!

"IT ONLY TAKES \$1"

## Contact Us

**Phone:** (209) 872-1090

**Fax:** (888) 620-8909

**Email:** [smea@savemart.com](mailto:smea@savemart.com)

**Mail:** SMEA

2937 Veneman Ave #A115

Modesto, CA 95356

Visit us online: [www.mysmea.com](http://www.mysmea.com)

SMEA is a nonprofit organization

Providing support and fostering a spirit of caring, cooperation, and fellowship in the workplace.



# SMEA

A RESOURCE GUIDE FOR MEMBERS OF THE  
SAVE MART EMPLOYEE ASSOCIATION



ASSISTANCE MAY ALREADY BE AVAILABLE!

## General Questions



### United Ways of California

To connect with services for childcare, senior services, counseling, food, shelter, job services, and more, **DIAL 2-1-1** from your phone.

<http://www.unitedwaysca.org/>

## Healthcare



### Medi-Cal/Denti-Cal

To find out if you or someone in your family qualifies, contact a "County Eligibility Worker" at your local County office. You may also contact the State office at: **(916) 552-9200**

<http://www.dhcs.ca.gov/>



### Healthy Families

A low cost health, dental and vision insurance for children and teens who do not have insurance and do not qualify for Medi-Cal. To find out if you qualify, contact: **(888) 439-4741**

<http://www.healthyfamilies.ca.gov/>



### Women Infants & Children

WIC provides vouchers for **FREE** healthy foods and supplies for children to families who qualify. WIC can also help with finding healthcare and other services. To find out if you qualify, contact: **(888) 942-9675**

<http://www.cdph.ca.gov/PROGRAMS/WICWORKS>



### FIRST 5 California

To receive your **FREE** "kit for new parents" and learn about other local services available for kids age 0-5. Contact: **(916) 263-1050**

<http://www.cfcf.ca.gov/>

## Financial & Housing



### CalWORKs

If someone in your home receives welfare and is having difficulty finding employment, then CalWorks may be able to help with job training.

To learn more, contact: **(916) 657-1668**

<http://www.cdss.ca.gov/calworks/>



### Housing & Urban Development

For questions about low-cost home loans, such as FHA loans, contact: **(800) 225-5342**

For questions about low-cost home & apartment rental programs, contact: **(800) 955-2232**

<http://www.hud.gov/>



### Disability & Family Leave

To learn if you qualify for disability or family leave pay through California State Disability Insurance (SDI), contact: **(800) 480-3287**

<http://www.edd.ca.gov/Disability/>

## Foreclosure



**Foreclosure?** If you are having trouble paying your mortgage, contact a free foreclosure prevention counseling expert at: **(888) 995-4673**

<http://www.foreclosureinfo.ca.org/>



### Are you a Renter?

If you're concerned the house you live in is going to be foreclosed on, contact: **(510) 271-8443**

<http://www.heraca.org/>

## Legal Aid



### Need Legal Advice?

To find out if you qualify for **FREE** legal advice, contact: **(916) 551-2150**

For a full list of Legal Aid offices by County, visit:

[http://www.dca.ca.gov/publications/guide/legal\\_index.shtml](http://www.dca.ca.gov/publications/guide/legal_index.shtml)

## Seniors & Disabled



### Support Services

If your child is disabled, or someone in your home is over 65 years of age, or disabled, or blind, they may be eligible to receive help.

To learn if you qualify for support, contact your local County welfare office. For general questions about services in your area for seniors and adults with disabilities, contact: **(800) 510-2020**

<http://www.dss.cahwnet.gov/cdssweb/PG63.htm>



**If you or someone you know is facing a life-threatening emergency, CALL 9-1-1**

## Money Tips

These websites offer tools for locating financial opportunities, and offer money saving tips.

State Money: <http://weconnect.net/>  
Home Energy Savings: <http://hes.lbl.gov/>  
Saving Your Money: <http://www.feedthepig.org/>